

HERBAL – Non Blended [naturally caffeine-free]

Herbals, botanicals, tisanes are infusions that do not include true tea, yerba mate or rooibos. The act of infusing herbs and other dried plant items in hot water is age-old and the process results in beverages that are both delicious and loaded with health benefits.



CHAMOMILE *organic*

Chamomile is a classic relaxation aid and is well known for its use as a gentle sleep aid and stomach soother. This Egyptian chamomile contains higher concentrations of the beneficial essential oil than typical European chamomile.

Cup: **2.75** Pot: **4.75**
Bulk 2oz: **7** 4oz: **12** 8oz: **20** 1lb: **35**



CHRYSANTHEMUM

High quality no spray Chrysanthemum from Guanxi China. This superior grade flower displays a clean vegetal floral flavor and sweetness.

Cup: **2.75** Pot: **4.75**
Bulk 2oz: **6** 4oz: **11** 8oz: **20** 1lb: **38**



GINGER *organic*

The spicy & lively, dried ginger root is an excellent digestive aid and tastes great mixed with lemon and honey.

Cup: **2.75** Pot: **4.75**
Bulk 2oz: **7** 4oz: **12** 8oz: **21** 1lb: **36**



HIBISCUS *organic*

Dried hibiscus flowers are naturally high in Vitamin C and are naturally diuretic. Hibiscus makes an excellent addition to other botanicals and is delicious alone (hot or iced) for its tart fruitiness.

Cup: **2.75** Pot: **4.75**
Bulk 2oz: **6** 4oz: **13** 8oz: **20** 1lb: **34**



HIBISCUS FLOWERS *organic*

Whole leaf version of our cut hibiscus above.

Cup: **2.75** Pot: **4.75**
Bulk 2oz: **7** 4oz: **12** 8oz: **20** 1lb: **35**



HONEYBUSH *organic*

Honeybush is a South African bush similar to Rooibos. The small leaves infuse to a deep amber-red and taste similar to rooibos but slightly sweeter.

Cup: **2.75** Pot: **4.75**
Bulk 2oz: **7** 4oz: **12** 8oz: **20** 1lb: **35**



LAVENDER *organic*

Pure French lavender; lovely, fragrant and soothing. Try it alone or blended with other herbs or teas. It's even delicious as a latte.

Cup: **2.75** Pot: **4.75**
Bulk 2oz: **7** 4oz: **13** 8oz: **22** 1lb: **40**



LEMONGRASS *organic*

Lemongrass is widely used in many botanical, mate, rooibos, and tea blends. Alone, it possesses a clean, fresh, citrus flavor ideal hot or cold for quenching thirst.

Cup: **2.75** Pot: **4.75**
Bulk 2oz: **6** 4oz: **10** 8oz: **16** 1lb: **29**



LEMON VERBENA *organic*

Lemon Verbena is known for its medicinal properties that make it useful in aiding digestion. Also helpful for anxiety and sleep.

Cup: **2.75** Pot: **4.75**
Bulk 2oz: **7** 4oz: **12** 8oz: **20** 1lb: **36**



LICORICE *organic*

Licorice root is naturally sweet and an excellent remedy for a sore throat. It makes a great addition to other botanicals as a sweetening and cooling ingredient.

Cup: **2.75** Pot: **4.75**
Bulk 2oz: **6** 4oz: **10** 8oz: **16** 1lb: **28**



NETTLES *wildcrafted*

Considered to be one of the most nutritious of wild herbs. Prescribed for anemia, hay fever, blood circulation and more.

Cup: **2.75** Pot: **4.75**
Bulk 2oz: **6** 4oz: **10** 8oz: **16** 1lb: **28**



PEPPERMINT *organic*

Delicious refreshing and organic peppermint grown and harvested in Washington State.

Cup: **2.75** Pot: **4.75**
Bulk 2oz: **7** 4oz: **12** 8oz: **20** 1lb: **35**



ROSEHIPS

Rich in Vitamin C and other antioxidants, these rose infusions make delicate beverages alone or blended with other herbals or teas.

Cup: **2.75** Pot: **4.75**
Bulk 2oz: **6** 4oz: **10** 8oz: **16** 1lb: **26**